

HAMILTON COUNTY HEALTH DEPARTMENT

HEALTH EDUCATION DIVISION

PROGRAMS 2023-2024

Below is a list of topics that can be presented to your school or community group.

ALCOHOL & DRUGS:

- Alcohol Awareness
- Heroin
- Marijuana + Vaping
- Narcan Education
- Opiates in our Society
- Prescription Drug Abuse
- Recreational Drugs
- Smoking Education
- The New THC (Delta 8)
- Vaping (E-Cigarettes - HS)
- Vaping & Rx Drugs (Jr. High)

CPR:

- Heartsaver CPR Adult & Child*
- Heartsaver CPR Adult, Child & Infant*
- Heartsaver Online Course*
- Heartsaver CPR In School*
- Heartsaver First Aid Adult*
- Heartsaver CPR Adult & Child*
- Heartsaver First Aid Adult*
- Heartsaver Pediatric First Aid*
- Heartsaver First Aid On-Line Course*
- Health Care Provider Course*
- Health Care Provider On-Line Course*

DISEASES + PREVENTION:

- The ABCs of Hepatitis
- Bloodborne Pathogens
- Cancer 101
- COVID
- Food Safety (Grades 5-12)
- Food Safety (Adult)
- Handwashing
- Handwashing for Children

DISEASES + PREVENTION CONTINUED:

- HIV Education – General
- Lice
- Measles
- Meningitis
- Monkeypox (NEW)
- MRSA
- Rabies
- STD/STI Education
- Stop Ticking Around (Lyme Disease)
- Tuberculosis 101
- Tuberculosis Testing Course*

GENERAL HEALTH:

- Asthma Education (**UPCOMING**)
- Autism Peer Awareness (**NEW**)
- Bed Bugs
- Body Modification (Tattoo + Piercings)
- Brain Attack (Stroke)
- Breast & Testicular Self-Exam Course
- Colorectal Cancer
- Entering Adulthood (**UPCOMING**)
- Fall Prevention (Seniors) (**NEW**)
- Head Hurts (Concussion Education)
- Heart Attack 101
- Going Viral (Social Media Safety, HS)
- Internet Safety (Parents/Guardians)
- Immunizations 101
- Injury Prevention
- Mis Health Information (**NEW**)
- Organ Donation
- Oral Health
- Parenting in the Cyber World

GENERAL HEALTH CONTINUED:

- Poison Prevention (Preschool – Grade 5)
- Poison Prevention (Grade 6 – Adult)
- Poison Prevention (Seniors)
- Retention Pond Safety (**NEW**)
- STOP THE BLEED
- STOP THE BLEED (Virtual)
- Safe Sleep (**NEW**)
- Summer Safety
- Teen Dating Safety
- What Is Public Health?
- Women's Health (**NEW**)
- What Will Teens Do Next? (Adult)

MENTAL HEALTH:

- Children's Mental Health Matters
- Bullying (Grades K-3)
- Bullying 101 (Jr. High)
- Bullying & Hazing (HS)
- Human Trafficking
- Mental Health Education
- QPR (Question, Persuade & Refer)
- Sexting Education
- Stress
- Suicide Education (MS & HS)
- Suicide Education (School Nurses)

PHYSICAL ACTIVITY/NUTRITION

- Childhood Obesity (**NEW**)
- Healthy Shopping
- Obesity
- Physical Activity/Nutrition

Other topics can be developed upon request.

* = Charge for the course

Indiana Academic Standards for Health and Wellness:

The programs provided by the Hamilton County Health Department meet the standards for health education in Indiana schools as established by the Indiana Department of Education.

Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

Standard 2: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.

Standard 3: Students will demonstrate the ability to access valid information and products and services to enhance health.

Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.

Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health.

Standard 7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

Standard 8: Students will demonstrate the ability to advocate for personal, family and community health.

If you would like to schedule a program for your group, community or school, contact the Hamilton County Health Department by email at

james.ginder@hamiltoncounty.in.gov OR kaylen.underhill@hamiltoncounty.in.gov

(The Health Education Division has the right to cancel or reschedule the presentation)